Picture Quiz in Geriatric Medicine

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1. A 76-year-old woman was seen at the geriatric clinic due to the following skin lesion.

1.1 What is the diagnosis?

1.2 How would you manage this patient?

2. A 70-year-old man presented to the geriatric clinic with a complaint of recurrent falls. The family noted that he walks with short steps. On examination, he had rigidity in both upper and lower limbs and bradykinesia. His MMSE (mini-mental state examination) was 21/30. His MRI brain is given below.

2.1 Describe the findings seen in the MRI.

2.2 What is the diagnosis?

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3. An 82-year-old woman presented with pain and swelling in both hands. She had hypertension and ischaemic heart disease. Her hands are shown in the picture below.

3.1 What abnormalities are seen in the hands?
3.2 What is the diagnosis?

4. A 75-year-old estate worker was found wandering in the street. He had urinary incontinence and passed smelly urine. The family noted that his memory was impaired over the last six months. On examination, his abbreviated mental test examination was 6/10. There was a skin lesion found in his trunk. He was diagnosed to have urinary tract infection and started on antibiotics.

4.1 What is the diagnosis?

(Answers on page 74)